The majority of people who live in the hills of Nepal have to climb down for 1 ½ hours and then up for another 2 hours to fetch a bucket of water.

Chepangs community in Nepal is ranked as the lowest caste, this means the majority of people who live there do not earn any land or property. This also means that public taps are off limits for the Chepangs, because they are considered untouchable and are therefore not allowed to collect water from the public pump. It is the task of women to fetch the water from mountain springs.

San Maya Chepang is a young mother who became a community volunteer for Restless Development. She felt that the three hours it took her to collect water each day meant she did not have enough time to dedicate to volunteering; which includes educating others on health issues and taking care of sick community members.

Working together with Restless Development, she was part of the group who initiated providing 21 community houses with readily available drinking water. With help from local volunteers, and materials which were collected locally, a water bank was built.

San Maya Chepang now has more free time to work as a community volunteer for Restless Development, educating the community about basic hygiene, mother and child care, sanitation, and nutrition. Collecting water is no longer just the responsibility of women.

Our water project started out small with providing the water tank facility, but through its integration with other community projects its impact was much greater.

San Maya’s story is an example of how we support young people’s livelihoods, and work towards tackling some of the root causes of poverty.

DID YOU KNOW?

57% of the population is under the age of 25
20% of the population do not yet have access to clean drinking water
In 2014 we reached 25,734 young people through training on life skills such as leadership and healthy lifestyle.

No one has ever become poor by giving.
Anne Frank, Diary of Anne Frank

The more we give, the more we get. We just need to remember what sort of things we want to share, love or anger?

Nepal is predominantly a mountainous country. Our people live in those remote and difficult terrains. The majority of them live in absolute poverty, where getting 2 meals a day is a distant dream. Restless Development Nepal works in those remote and inaccessible places to provide a real impact in their lives. (We work in 36 out of 75 districts in Nepal!)

Over 50% of our people earn less than one Pound a day. 1 Pound = 155 Nepalese Rupees. 1 Pound can provide decent food; 5 Pounds can feed a whole family for a day. The Restless Development Nepal Team heartily appreciates the efforts made by our colleagues in London to raise unrestricted funds. ‘Small change can make a big change’ in someone’s life in Nepal.

Whole Nepal team is behind you for this noble effort of charity. Real Charity is sharing our food when we are as hungry as the other person.

Wish you all the best for working on this BIG CAUSE.

Ravindra and Nepal Team